

The Chronicle

Tuesday, August 29, 2006

WAKE UP TO MORE

\$1.05



TV STYLING

FASHION, FUN & FRIVOLITY AT THE EMMYS: INSIDE DIVA



'So, whos' been sleeping in my bed?'

COUPLE BURGLER: P3

Alleged attack: Cutlery used in self-defence against BBQ utensil

KNIFE vs FORK

By PETER HARDWICK

A MAN allegedly stabbed a barbecue fork-wielding assailant in the chest during an altercation at a Toowoomba boarding house, the city's Magistrates Court heard yesterday. When formally charged in court with unlawfully wounding, the 20-year-old complainant, Gregory Gordon Mach, 47, said from the dock it was he who was wounded, holding

forth his right arm which he claimed had prick marks from the barbecue fork. Mach was not required to enter any plea to the charge. In what police prosecutor Sergeant Morrie Turner described as "an unusual matter", it appeared the pair, who had been living in Salvation Army accommodation, had been at odds with each other and had argued over the weekend.

This culminated on Sunday in the complainant allegedly going to Mach's room armed with a barbecue fork. During the ensuing altercation, the complainant was allegedly stabbed with a knife, leaving a wound which required 10 stitches, Sergeant Turner said. Police opposed bail for Mach because of the fact a knife had allegedly been used, Sergeant Turner said.

Mach's solicitor, David Burns, told the court he had "clear and direct" instructions from his client the matter would be defended. By the police material, it appeared the complainant had armed himself with the barbecue fork and during the ensuing altercation had allegedly said "Come on then, stab me". The injury was described as a "moderate laceration" to the left side of the chest, Mr Burns said.

His client instructed the complainant had allegedly inflicted injury on him with the fork and had threatened his life, Mr Burns said. Mach instructed he had acted in self-defence, he added. Magistrate Bruce Schemioneck granted Mach bail with conditions and remanded him to appear back in the same court for committal mention on the matter on November 8.

Change your undies to change your life

RED undies don't make you go faster, but they do give you confidence. Just ask Danielle Talbot who didn't like her job and wanted to earn more money but she lacked the confidence to take the first step. One morning she wriggled into a pair of red panties (confidence, strength), matched them with a green bra for growth, and voila, she had a new job. Ms Talbot followed "Coloured Undies", a new program designed to help you achieve your goals by simply changing the colour of your undies. To date, 10 of her goals have been achieved through the psychological power of colour, although Ms Talbot admits she would still like to lose weight.

Program developer Chris Brazel warns against wearing too much black, the "colour of death", or white, which lacks direction. For those wanting to achieve, pick red and green, or orange. Ms Brazel also recommends a combination of techniques - cleaning a room or your house, painting your mailbox or using coloured soap and towels. "It's a small thing, but it means you're taking steps in your life," Ms Brazel said. "It puts you in power." Ms Brazel developed the Coloured Undies program after 30 years in health and fitness motivation. A course will take place in Toowoomba. For information contact Chris Brazel on 1300 855 438.



Danielle Talbot found a new job after wearing red undies. She followed 'Coloured Undies', a new program designed to help you achieve your goals by simply changing the colour of your undies.

PICTURE: BEV LACEY

Sandy 4 Recliner Suite
\$2309
 2 YEARS INTEREST FREE NO DEPOSIT
 Floor stock available for immediate delivery.
 137000742.5

ROWES
 FURNITUREONE
 Corner Russell & Victoria Streets, (near railway), TOOWOOMBA. Ph 07 4631 8888

ROWES Guarantee the Best Deal

TUCSON CITY
\$27,990 Driveaway
 Plus Up to 10,000kms of Free Fuel

- automatic transmission
- ABS with EBD
- dual airbags
- traction control
- cruise control
- CD/MP3 player
- air conditioning with pollen filter
- remote central locking
- 2.0L 4 cyl

TOOWOOMBA HYUNDAI
 CORNER JAMES & HUME STREETS
 TELEPHONE 4639 0150

5 YEAR 130,000 KM WARRANTY

HYUNDAI DRIVE YOUR WAY

*Conditions: 1000kms is the approximate distance a vehicle is eligible to travel on a predetermined fuel tank. Excludes based on the average fuel consumption rates independently from your purchase or rental. Fuel efficiency and driving habits are based on an average purchase price of 1.40 per litre for petrol and 1.60 per litre for diesel as at 2/1/06. Actual distance travelled will vary depending on driving style, usage conditions, climate and the road and load. Hyundai will not be held responsible for any damage to the vehicle or its components. Make sure you follow the correct driving instructions.