# How to Burn Yourself.... With Your New Grill...

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#### How to Burn Yourself ....

I went out to put the meat on the grill and noticed no flame. The LP gas had been running for about 10 minutes from when I last turned it on. So, I turned off the gas, open the grill top for about 3 minutes, then went to turn it on...NOW, for a split second, I looked at the doors and thought I should open them because gas would be building up in the cabinet.... My hand still turned the knob.

(LP GAS FACTOID – LP Gas is heavier than air, and can flash burn at 1100 deg in less than 1 second) The Flames came out under the grill first, hit me at waist level, then the flames sucked back in and exploded out through doors under sink and reach about 2 feet over my head.

The Explosion was heard 3 doors down, broke the 1/8 inch steel hinges on the door and blew out vent cap 50'. Not a thread of my clothing was singed...

I Took a shower, still had hair and eyebrows, just a little less, and then decided I needed to go to the hospital. On the way blisters started forming on my feet, about the size of a quarter.

It took the NAS JAX Doc 5 minutes to decide to send me to the burn center at UF Shands. By the Time I got to the Shands and my room, my entire feet were a bunch of blisters about 1 inch high.

- Heavy 1<sup>st</sup> deg burns to hands and face.
- 2<sup>nd</sup> deg burns to lower leg fronts
- 3<sup>rd</sup> deg on top of foot
- No damage to grill



- 24 hours after incident.
- Legs and feet were scrubbed to remove damaged skin (debrising)
- Every day had to be washed again, where layers of skin would come about he thickness of 4 sheets of paper
- Yes, wearing sandals... and they were ok too...



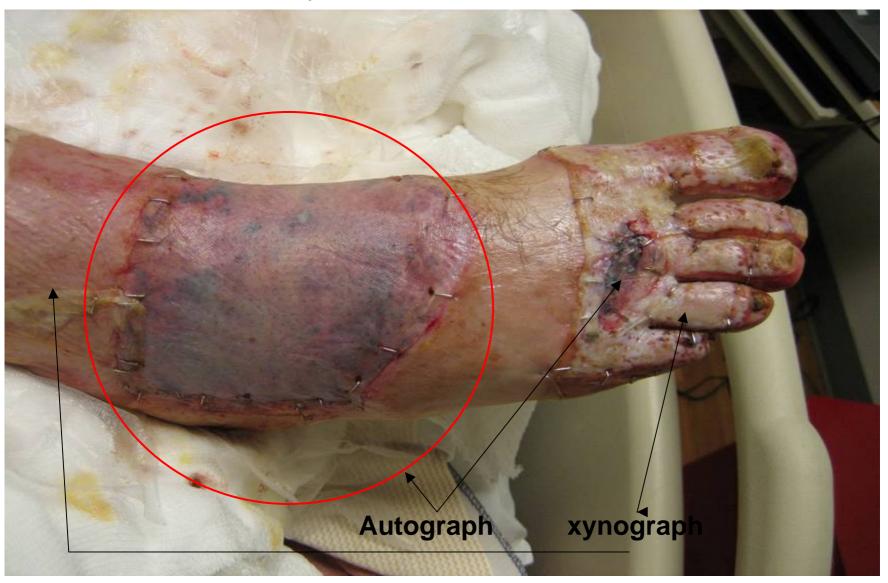
- Day 5 Doctors decide to do skin graft
- Day 7 Operation

Day 8 – pictured below. Leg is covered in a xynograph. Actual pig skin is used to cover (protect) skin and make an instant scab.

Top of foot an autograph was done. Taking skin from my thigh, was affixed to the 3<sup>rd</sup> deg burn atop my feet. All attached with surgical staples



## Over 150 staples.....took 4 hours to remove them...



Aftermath...

Post surgery – 4 days no moving for graphs to take, then 6 days had to use a walker to move around, then 8 days with a cane.

2 weeks in home nurse care for bandage changes and physical therapy.

25k medical bill with a total 11 days in hospital +45 days CONLEAVE \$59 propane detector now installed in grill.....Thankful it wasn't worse.



### Letter to Friends

#### All,

Back to work finally, thanks for the thoughts and concerns, it meant a lot. I'm doing great, and am about 90%, still having to wear compression bandages for scarring, but hit the gym today and got 2 miles on the elliptical. A lot of people have been asking about it, so I put some pictures together for you, share with whom ever, safety O's are welcome to use it too.

In talking with a lot of people, especially women, their first response was "I would have just tried to light it again".... That is what really scared me, that was Gina's first answer too.

A lot of What Ifs.....

-Had been wearing pants and shoes, I would have only screamed like a girl...

-the kids were around ....

-had already installed that propane detector

Remember when installing a summer kitchen, the grill directions state to cut vent holes in the walls...this is for airflow when cooking, not to let gas escape.

Thanks, Damon