

To my dear Wife,

Effective immediately our roles are reversed.

From this point in time and onwards there will be a change in the way our marriage is conducted and you will have certain guidelines to follow which you will do regardless of the cost to your own mental or physical health.

The guidelines are as follows.

1. You will get a job. This job will require you to work extremely long hours in order to provide me with the comforts that I so deserve. I will take every opportunity to tell you that your job is not good enough and that you do not spend enough time with me and the kids.
2. You will continue to work this job without complaint. The second that you are on the brink of a major breakthrough with your job, I will throw a spanner in the works and fill you full of guilt to the point where you will neglect the impending breakthrough and put yourself in a situation WORSE (this is compulsory) than the situation you were in to begin with. This will ensure your continued concentration on your job.
3. You will come home from your job to a house that is messy and hygienically unclean. You will be forced to wear the same clothes for 4 or 5 days in a row because with 3 kids to distract while I am chatting on my "Fathers in the Home" website forum for most of the day, there just isn't enough time in the day to take care of things like making sure you have clean clothes to wear. Besides, housework is so demeaning, especially to a free spirited man like myself, and I refuse to demean myself for anyone.
4. There will be no cooking from me. You will get home from work, and the second that you relax on your recliner you will be required to hop back into your car and get us some junk food. If I do cook (I use the word loosely) it will be to warm up some pies and chips, or fish fingers and boil some frozen veggies. This will make you appreciate me even more because of the care and love I put into taking care of you.
5. After dinner I will leave all of the Mc Donalds food wrappers on the table then yell like an idiot when the cats jump on the table and scatter it all on the floor.
6. The house is a mess because YOU don't help out. I will be angry and frustrated at the kids because they leave their stuff all over the place and break all their toys. They don't listen and have no respect because it's "monkey see monkey do" darling. YOUR laziness is what they are picking up on and copying.
7. I WILL NOT show you any affection at any time. If you want to give me a hug, that's allowed. But I will not turn away from my laptop to hug you back. Most times I will growl at you to leave me alone. When we make love I will not take any initiative and will only reciprocate to you what you do to me. It isn't my job to make you feel good or to give you pleasure. You must first pleasure me in all ways imaginable, and only then will I return the favour, but mostly I'll just follow some made up script in my head about what I am willing to do to you.
8. I will tell everyone who is within earshot how unfulfilled I am and how I feel like I have no control. I won't mention your name but I will feel good about it because people will automatically assume it's you I'm complaining about.

9. You will do everything in your power to give me everything I ask for. Exotic vacations where you spend your hard earned money on gifts that will only bring joy to me. If there is a chance you may be getting some enjoyment, I will ensure that I do or say something to wipe that joy out. Our vacations are about ME having enjoyment. Your job is to provide that enjoyment to me.
10. When the kids hurt themselves, I will lose it completely and everyone in the immediate vicinity will have to sort it out. Kids hurt themselves all the time, and when they do it's always about me.
11. You will do everything in your power to give me everything I want. It doesn't matter how much pain you are in or how tired you are, heck it doesn't even matter whether it's legal. Just so long as I have everything the way that I want it. I will be happy to take advantage of everything you do but, if you get caught by the police, or run into trouble with others, you are on your own. Of course I will let you know what a miserable, lying piece of worthless shit you are. After all, what you do affects me.
12. When you are totally exhausted physically and mentally and are no longer able to function on any level. I will chat to my friends on MSN Messenger and find you a pick / packer job.
13. Please understand it's not about the money, I don't care about the money. It's you that I love. But the second the phone starts ringing because of unpaid bills, or if the internet is suspended, there will be hell to pay.
14. If a company calls me during the day to organize the payment of a bill, I will tell them that you will call them back. I will not do anything about it, but will make sure to tell you about it the second you come home from work, at which time it will be too late to call them back. This means you must miss a few hours of work in the morning to sort it out, and of course it will be timed to coincide with an imminent breakthrough in your job. While you are at home, you may as well go to the shops and get the milk and bread I forgot to buy the previous day, even though I went to the shopping centre 3 times yesterday.
15. Your advice will always be ignored. I will listen to the advice of friends and strangers who know nothing about our home situation except what I tell them. When that advice goes askew, YOU will have to clean up the mess because YOU didn't support me.
16. I will bitch and moan about how much I hated school, how I was all alone and picked on all the time and how nothing useful was learned. Then I will obsess about our children's education, about how important school is to the point that I will search the internet and get in touch with "old friends" I went to school with.
17. I will get stupid ideas into my head about running my own business. Even though I have no education, have no idea about anything, no creative talent whatsoever, I will plunge headlong into it. I will buy all sorts of things for the business and spend many evenings shuffling these things from one box to another. Occasionally I will show you something I made for the business, knowing that you have no interest whatsoever in it, and be annoyed when you don't praise me as the new Michael Angelo for putting 12 ring spanners on a piece of string. Eventually, I will lose interest in this business idea and the bits and pieces I bought will be left on our bedroom floor for at least 2 years. Of course I didn't

- lose interest., YOU didn't support me, and you control everything I try to accomplish. That's why it failed.
18. After the kids have been put into bed you will sit patiently in front of the TV while I sit beside you with my laptop. I will be busy answering peoples posts about vaginal discharge after birth in the "Fathers In The Home" forum. When you get annoyed for being ignored and go for a walk or drive, I will be upset with you because you didn't tell me where you were going, and you could have picked up some bread and milk while you were out.
 19. When you finally crack and give me a serve, I will pretend to be "sorted out" and do housework for 2 days, after which I will yell, rant and rave at you while pointing at all the washing I'd done, that's piled up in the corner on the sofa, waiting to be reduced to a smaller pile as we take clothes from it that we need to wear.
 20. No one tells me what to do, NO ONE. I am the only person allowed to tell anyone what they have to do.
 21. I will bitch and moan to you about how horrible your parents are, and refuse to let them have the kids overnight most of the time, instead putting the pressure on my parents, who are just fine, to take care of them. I will make it as difficult as possible for your family to do anything right by me, and then complain to people, wondering why they don't like me, seeing how I've done nothing wrong. They are simply evil, horrible people.
 22. When you leave your car keys on the kitchen bench, I will yell at you to "clean up your mess". It's important to keep the house clean and tidy. Never mind that your keys slipped down the pile of rubbish on the bench and it took you 5 minutes to find them, it was YOUR KEYS that caused all of that rubbish, that was neatly placed on the bench to slide down onto the floor.
 23. Once a month I will take a one week holiday from you which means that you get no attention from me whatsoever. I will blame you for everything and bring up things you did wrong in the past 7 lifetimes. My therapist says this is healthy because during that one special week in the month, all the things that "weren't dealt with" come to the surface.

I look forward to my new responsibilities as I am sure you are too. If there is anything I've forgotten I will be sure to fill you in as we go. Congratulations on your new role.

Kindest Regards
Your Husband.